## **Exercise 1**

Student:

Week:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9							
9-10							
10-11							
11-12							
12-13							
13-14							
14-15							
15-16							
16-17							
17-18							
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19-20							
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21-22							
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Use text-markers and highlight your activities in the following colours: yellow = study, orange = sport/exercise, pink = social