#Self-assessment exercise 1

Objectives

- o Engage with the Skill Circle
- o Build a realistic view on their current level
- o Basis for discussion with peers
- o Basis for learning contract

Skill Sheets

⊕ Introduction, B4, introduction of each core skill area



Exercise output

Core Skill - sub-skills	Individual score (1-5)	Motivation for score
A: Research		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		
B: Study and Self-Management		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		
C: Reading		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		

Core Skill – sub-skills	Individual score (1-5)	Motivation for score
D: Listening		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		
E: Writing		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		
F: Presentation		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		
G: Team and Project Management		
Sub-skill 1:		
Sub-skill 2:		
Sub-skill 3:		
Sub-skill 4:		
Sub-skill 5:		