

| | Forming | Storming | Norming | Performing | Adjourning |
|---|---------|----------|---------|------------|------------|
| G1 The Principles of Effective Team Management | ■ | | | | |
| G2 Forming: Members, Roles and Dependencies | ■ | ■ | | | |
| G3 Brainstorming | | ■ | | | |
| G4 Norming: Tasks and Roles | | ■ | ■ | | |
| G5 Decision-making | | | ■ | ■ | |
| G6 Basics of Effective Negotiations | | | ■ | ■ | |
| G7 Group Contract | | | ■ | ■ | |
| G8 Effective Meetings | | | ■ | ■ | |
| G9 Feedback and Coaching | | | | ■ | |
| G10 Unhealthy Group Dynamics: Groupthink | | | | ■ | ■ |
| G11 Unhealthy Group Dynamics: Free-riding | | | | ■ | ■ |
| G12 Dealing with Conflicts | | | | ■ | ■ |
| G13 The Final Stage: Tasks and Roles | | | | ■ | ■ |