

🗒️ Planning exercise 1

Student:

Week:

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
morning	8-9							
	9-10							
	10-11							
	11-12							
afternoon	12-13							
	13-14							
	14-15							
	15-16							
	16-17							
evening	17-18							
	18-19							
	19-20							
	20-21							
	21-22							

Use text-markers and highlight your activities in the following colours: yellow = study, orange = sport/exercise, pink = social

