

© Self-assessment exercise 2

- Exercise explained in 1st workshop
- Prepare for 2nd workshop
- Follow-up in 3rd workshop

Objective of the exercise

- Engage with the Skill Circle, and process input and views from other students
- Build a realistic view on current level of mastering a Skill
- Set priorities for development
- Write learning contract

Skill Sheets

- ⊕ Introduction, B4, introduction of each skill-section

Exercise

This exercise builds on the work done in self-assessment exercise 1. This exercise is the last self-assessment before you start writing your learning contract. You can process the things you learned from your tutor and what you took home from the discussion with your peers in the workshop. You have become better acquainted now with the university, and have started to develop an understanding of what is expected of you. Based on this you can set your priorities for Skill development.

Step one

Take the form you filled out for the first workshop with the sub-skills that you had not listed but other students or your tutor mentioned. Only include those sub-skills that seem relevant to you for the overall skill. Assess yourself with a score for each sub-skill that you added.

Step two

Reflect on your strengths and weaknesses for each of the Skills that you have on your form. Think about how important these strengths and weaknesses will be in your future career at the university and other aspirations that you have outside university (chairing a commission, a side-job etc). Based on these views, you can prioritise the skills for development and identify what you will focus on during your development. Use 'Self-assessment exercise 2' for this.

Step three

Add a priority to each skill and list actions you could take to develop.

Step four

Read your notes from the workshop about 'Learning contract' and Skill Sheet B4 to write your own learning contract.