

Objectives

- Introduce tutor
- Get to know fellow students
- Explain role of a tutor
- Discuss 'studying at university'
- Explain Learning Contract (concept and purpose)
- Memory and Planning
- Communicate administrative issues

Student preparation

- Prepare questions about the university for the tutor
- Read Skill Sheets: B2-B11
- Self-assessment exercise 1 to serve as a basis for learning contract
- Bring: Skill Sheets and Self-assessment exercise 1

Workshop content

Time	Content
0-15	Introduction of tutor, course and today's workshop
15-30	Question and Answer session about University
30-45	Theory learning contract (introduction)
45-60	BREAK
60-75	Interactive self-assessment exercise for Learning contract (in-class)
75-85	Explain Learning Contract exercise (take-home)
85-100	Theory Memory and Planning
100-105	Explanation Planning exercise (take-home)

In-class exercises

Learning Contract – discussion on preparation exercise

Link to final exams of secondary school, university reading (preparation for lectures), planning (preparation for lectures and assignments)

Reflect on what is required by university (B3)

Take-home exercises (for 2nd workshop)

Self-assessment exercise 2

Students have already listed five sub-skills that form part of a core skill. Based on the discussion in the workshop and the explanation of the tutor, the students are to:

- insert sub-skills written by other students or by the tutor to complete the list of what they believe are important sub-skills
- re-assess themselves to which extent they master this sub-skill
- define which skills are important for the student to meet his/her responsibilities effectively
- describe what actions can be undertaken to develop the sub-skill

Planning exercise 1 (for 2nd workshop)

Students will fill out a schedule for one week (7 days) and a semester planning with the planned activities and colour code the type of activity planned. The colour code serves to gain an impression on what time is being spent.