

# © Learning contract exercise

- Exercise explained in 2nd workshop
- Hand in for 3rd workshop

## Objective of the exercise

- Write a learning contract
- Use self-assessment exercises

## Skill Sheets

- ⊕ Introduction, B1, B2, B4, introduction of each skill section

## Exercise

This exercise builds on the work done in self-assessment exercises 1 and 2. After having reflected on your strengths and weaknesses, it is now the moment to transfer this into a learning contract. It is important to keep your self-assessment exercises at hand, when writing your learning contract. This will save you significant amounts of time. Whilst working on the exercises you will have analysed your personal strengths and weaknesses, and set priorities for learning. In this exercise you are going to formalize the insights that you gathered in a learning contract.

Use the Learning Contract form available on the SkillSheets.com website as an 'index' for writing your learning contract. Address each of the items in the table in your learning contract.

There is no maximum or minimum number of pages for a learning contract, but experience has shown that the average learning contract contains about 4 pages of text.

## Forms to support exercise

Use the online form from the SkillSheets.com website (Skill Sheet B4).